

## DISCONTINUED TEST

NOTIFICATION DATE: 09/27/2023

EFFECTIVE DATE: Immediate

### Heterophile AB (MONO)

On the effective date, Northwell Health Laboratories will discontinue the Heterophile AB test due to a global shortage of reagent kits. The heterophile antibody detected by the Monospot test lacks specificity and sensitivity and is no longer recommended by the CDC.

**Computer Interface Code:** [PDM #5700035](#)

**Test Order:** [MONO](#)

### Recommended Alternative Test

The CDC recommended approach for the investigation of Epstein-Barr virus (EBV) infection is by EBV-specific antibody testing of the following EBV-associated antigens:

- Viral capsid antigen (VCA), IgG and IgM
- Early antigen (EA)
- EBV nuclear antigen (EBNA)

Test Name	Epstein-Barr Virus Profile
Methodology	Chemiluminescent Immunoassay
Submission Container/Tube	Gold Top Tube
Specimen Volume/Minimum Volume	1 mL of serum
Profile Components	VCA IgG, VCA IgM, EA IgG, EBNA
Computer Interface Code	<a href="#">PDM #5700640</a>
Test Order	<a href="#">EBV</a>

If you have any questions, please contact Client Services at (800) 472-5757.