

TECHNICAL BULLETIN

☒ **NEW TEST** ☐ **TEST CHANGE**

NOTIFICATION DATE: 05/26/2023

EFFECTIVE DATE: 05/31/2023

IGF-1 Timed (IGF-1T)

On the effective date, Northwell Health Laboratories, as part of its dedication to quality improvement, will now perform the Insulin-like Growth Factor-1 Timed test dedicated to timed measurements.

This new test, **IGF-1 Timed (IGF-1T)**, should be ordered when submitting multiple specimens for IGF-1 measurement in patients undergoing provocative testing procedures. The ordering physician/healthcare personnel is required to provide the collection interval for each specimen (e.g., fasting, 30min, 60min, etc.) at the point of order entry. Each test with a specific collection interval will need to be submitted separately. This will help mitigate potential transcription errors, ensure proper documentation of the appropriate collection intervals for each specimen, and prevent confusion in data interpretation.

Test Requirement	New
Specimen Type/ Volume	1 mL Serum (min 0.5 mL)
Submission Container/Tube	Gold top tube (Serum separator tube)
Methodology	Chemiluminescence Immunoassay
Transport Temperature	Refrigerated
Computer Interface Code	PDM #231269
Test Order	IGF-1T



If you have any questions, please contact Client Services at (800) 472-5757.