



Health Laboratories

**OUTLINED AREAS MUST BE COMPLETED**

**POSTNATAL CYTOGENETICS  
TEST REQUISITION**  
450 LAKEVILLE RD., SUITE M50  
LAKE SUCCESS, NY 11042

PATIENT IDENTIFIER		
NAME, LAST (Please Print) FIRST M.I. BIRTHDATE M/F DATE/TIME COLLECTED STREET PHONE # CITY STATE ZIP		
INSURANCE CARRIER NAME ADDRESS INSURED NAME INSURED ID# PT. RELATIONSHIP TO INSURED: <input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Dependent GROUP # or NAME <input type="checkbox"/> INSURANCE CHANGE <input type="checkbox"/> MEDICARE # <input type="checkbox"/> MEDICAID # <input type="checkbox"/> SELF-PAY		
RACE/ETHNICITY <input type="checkbox"/> NATIVE AMERICAN <input type="checkbox"/> ASIAN <input type="checkbox"/> AFRICAN-AMERICAN <input type="checkbox"/> CAUCASIAN <input type="checkbox"/> ASHKENAZI JEWISH <input type="checkbox"/> PACIFIC ISLANDER <input type="checkbox"/> HISPANIC <input type="checkbox"/> OTHER _____		
DIAGNOSIS DX CODE DX CODE DX CODE DX CODE		
<b>ORDER COMMENTS</b>		

<b>INFORMED CONSENT</b>	Patient has read the appropriate consent form on the following pages and has been informed of the required information regarding testing for inherited genetic disorders or predisposition. Patient Signature: _____ Healthcare Provider Signature: _____ Date: _____	
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**Peripheral Bloods:** for questions please contact LIJ Laboratory phone: 718-470-7065; fax: 718-470-1034**POC/Skin Biopsies:** for questions please contact NSUH Laboratory phone: 516-562-3898; fax: 516-562-2691

Hours of Operation for both laboratories: Monday-Friday, 8am-5pm

**IMPORTANT:** Please have the patient sign the **Informed Consent for Cytogenetic/Molecular Cytogenetic Testing Form** (page 2). Informed consent is required for all genetic samples.

<b>SPECIMEN TYPE</b> <input type="checkbox"/> Peripheral Blood <input type="checkbox"/> Products of Conception (POC) <input type="checkbox"/> Skin Biopsy <input type="checkbox"/> Tissue (please specify: _____) <b>Date &amp; Time Specimen Collected:</b> _____ / _____ / _____ : _____	
<b>COMPLETE FOR PERIPHERAL BLOOD SPECIMENS</b> <b>CLINICAL INDICATION</b> <input type="checkbox"/> Autism <input type="checkbox"/> Failure to thrive <input type="checkbox"/> Developmental delay <input type="checkbox"/> Intellectual disability <input type="checkbox"/> Dysmorphism <input type="checkbox"/> Recurrent pregnancy loss <input type="checkbox"/> Other _____ <b>TEST(S) REQUESTED</b> <input type="checkbox"/> Chromosome Analysis (Karyotype) <input type="checkbox"/> High Resolution Chromosome Analysis <input type="checkbox"/> Mosaicism Study <b>Fluorescence <i>in-situ</i> Hybridization (FISH):</b> <input type="checkbox"/> Williams Syndrome (7q11.23) <input type="checkbox"/> Prader-Willi/Angelman Syndrome (15q11.2) <input type="checkbox"/> DiGeorge/Velo-Cardio-Facial Syndrome (22q11.2) <input type="checkbox"/> Kallmann Syndrome (Xp22.3) <input type="checkbox"/> SRY deletion (Yp11.3) <input type="checkbox"/> High Resolution Chromosome Microarray (send to Sema4) Please include blood specimen from parents of the proband if available (1 EDTA lavender top tube) <input type="checkbox"/> Included _____ mother _____ father <input type="checkbox"/> Other: _____	<b>COMPLETE FOR POC/SKIN BIOPSY SPECIMENS</b> <b>CLINICAL INDICATION</b> <input type="checkbox"/> Missed abortion <input type="checkbox"/> Fetal demise <input type="checkbox"/> Molar pregnancy <input type="checkbox"/> Recurrent pregnancy loss <input type="checkbox"/> Confirm prenatal analysis for: _____ <input type="checkbox"/> Other _____ For POCs: Weeks gestation _____ Tissue origin _____ <b>TEST(S) REQUESTED</b> <input type="checkbox"/> Chromosome Analysis (Karyotype) <input type="checkbox"/> reflex to microarray if no growth <input type="checkbox"/> reflex to microarray if chromosomes are normal  <input type="checkbox"/> High Resolution Chromosome Microarray Please include blood specimen from parents of the proband if available (1 EDTA lavender top tube) <input type="checkbox"/> Included _____ mother _____ father <input type="checkbox"/> Other: _____ <input type="checkbox"/> Hold cells for: _____ <input type="checkbox"/> Grow cells for: _____ <input type="checkbox"/> Send out for: _____ to _____ <input type="checkbox"/> Other: _____
<b>For Lab Use Only-Specimen Processing Data</b> Date Received: _____ / _____ / _____ Time Received: _____ : _____ Specimen Quantity: _____ Specimen Quality: _____	

**PATIENT INFORMATION SHEET & INFORMED PATIENT CONSENT**  
**CYTOGENETIC & MOLECULAR CYTOGENETIC TESTING**

**What is cytogenetic, fluorescence *in situ* hybridization (FISH), and chromosome microarray testing?**

Chromosome disorders form a major category of genetic disease and account for a large proportion of congenital malformations, intellectual disability, and fetal loss. **Conventional cytogenetic testing or routine chromosome analysis (karyotyping)** is the analysis of human chromosomes, their structure and their inheritance. This testing is utilized to detect numerical and/or structural chromosome abnormalities. **FISH** is a rapid and sensitive technique that complements routine chromosome analysis. It uses specific fluorescent-tagged DNA probes to detect and localize the presence or absence of specific DNA sequences. **Chromosome microarray** is a molecular cytogenetic test that has the ability to detect smaller deletions/duplications in addition to the larger chromosome imbalances routine chromosome analysis can detect.

**What are the limitations of the test(s)?**

**Chromosome analysis** does not routinely detect subtle structural changes or microdeletion/microduplication syndromes. **Chromosome microarray** does not detect balanced chromosome rearrangements, and may identify variants of uncertain clinical significance (VUS), in which cases parental follow up may be indicated. Neither test can detect low levels of mosaicism, or conditions with Mendelian, multifactorial or environmental causes. **FISH** is a targeted approach; the information generated is specific to the probes used and may give normal test results in some patients with other genetic causes. FISH is considered an adjunct to routine chromosome analysis performed concurrently. **No irreversible decisions about a pregnancy should be made on the basis of FISH results alone.** As with any laboratory test, there is a small possibility of failure or error.

**What is required to perform this test?**

All three tests can be performed on several different specimen types based on the indication, including prenatal specimens (amniotic fluid, chorionic villi, and umbilical cord blood), and postnatal specimens (products of conception (POC), skin biopsy, and peripheral blood). An accurate clinical history is critical for proper interpretation of the results.

**When should I expect test results?**

**Chromosome analysis:** prenatal specimens approximately 7-14 days/ peripheral bloods ~ 2 weeks/ POCs ~2-3 weeks

**FISH:** prenatal specimens approximately 24-48 hours/ peripheral bloods 7-10 days

**Chromosome microarray:** approximately 2 weeks

**Who will contact me regarding test results?**

Test results will be forwarded to your physician and genetic counselor. A positive result is an indication that you may be predisposed to or have the specific disease or condition tested for and may want to consider further independent testing, consult your physician or pursue genetic counseling. A recommendation for additional testing on the patient and/or the parents/other family member will be made in the event of an abnormal chromosomal finding or VUS to determine whether a specific finding was inherited.

**Confidentiality of test results**

The test results will be disclosed to the requesting physician(s) and to associated medical personnel only. To the extent permitted by law, all of the records, findings and results of this test are confidential and will not be disclosed to another physician without the written authorization of the patient/guardian.

**Specimen retention**

The specimen will be discarded within 60 days of collection, at the end of testing and after final reporting, unless additional testing is requested. No tests other than those authorized will be performed on the sample. Any residual specimen not used for diagnostic testing may be retained for use by the laboratory for the purposes of quality control, training purposes, or for research with patient signed consent (see Residual Material section).

**INFORMED PATIENT CONSENT**

As required by Section 79-1 of the Civil Rights Law, written informed consent of the individual being tested should be obtained by the laboratory prior to testing for constitutional genetic analysis by chromosome or by DNA study. The individual may wish to obtain professional genetic counseling prior to signing the informed consent.

I have received/read the information regarding **Cytogenetic and Molecular Cytogenetic testing** and hereby give my consent to perform the test(s). I understand that a positive result may not result in a genetic condition, but may predispose to it. Such a result may require genetic counseling, further testing and/or further physician consultation. A negative result does not rule-out a genetic condition. The test may give a false negative result due to changes not detectable by the method and/or reagents used. The results of the test(s) are confidential and will be disclosed to requesting physicians, their staff and those legally authorized. I give my consent to the above testing.

Patient/Agent/Relative/Guardian\* (Signature) \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Print Name \_\_\_\_\_ Relationship if other than patient \_\_\_\_\_

Telephonic Interpreter's ID # \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_  
OR

Signature: Interpreter \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Print: Interpreter's Name and Relationship to Patient \_\_\_\_\_

Witness to signature (Signature) \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Print Witness Name \_\_\_\_\_

**RESIDUAL MATERIAL**

I consent to having my specimen retained for greater than 60 days for future testing or the use by the laboratory for the purposes of quality control and/or training purposes or for research related to, but not limited, to genetic disease pursuant to a research protocol approved by an institutional review board. I understand this is not a DNA banking facility and there are no guarantees a specimen will be remaining for future testing. If used for quality control and/or training purposes or research, all identifying information will be permanently stripped from the sample. I hereby give my consent to the above.

Patient/Agent/Relative/Guardian\* (Signature) \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Print Name \_\_\_\_\_ Relationship if other than patient \_\_\_\_\_

\* The signature of the patient must be obtained unless the patient is an unemancipated minor under the age of 18 or is otherwise incapable of signing.

\*\* The witness to signature may be the physician or genetic counselor.